

RidgePointe News

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June

“Far up in the deep blue sky,
Great white clouds are floating by;
All the world is dressed in green;
Many happy birds are seen,
Roses bright and sunshine clear
Show that lovely June is here.”

F.G. Sanders

JUNE EVENTS

Tuesday, June 2: In-Person Speaker—Mike Henry

10 AM MH

Show Tunes —Classic Hits from Stage & Screen. This program has been very popular with all audiences. It features clips of the biggest hit songs from major movies and Broadway shows in the 1940s, 50s, and 60s. Along with the music are images from those productions and background stories about some of our favorite shows, composers, and artists. Enjoy a trivia contest identifying classic TV shows, after listening to brief clips of their iconic theme songs.

Friday, June 5: Resident Potluck

5:30 PM Atrium

Join your fellow residents for the first Friday of the month RidgePointe Potluck. Bring a dish to share, your personal utensils, a plate and a beverage.

Tuesday, June 9: In-Person Speaker— Kristen Anderson

10 AM MH

Twin Cities History Sampler—Part I: BUILDING FOR BEER IN THE TWIN CITIES. St. Paul and Minneapolis were once dotted with breweries, biergartens, brewers' mansions, and saloons all connected to the early brewing industry, and we have seen a renaissance of local beer spaces in recent years. In this presentation, we will explore the landscapes and architecture of beer from the mid-19th century to the present.

Tuesday, June 16: In-Person Speaker— Andrea Shapiro

10 AM MH

FBI MCAAA Elder Fraud Presentation. The FBI Minneapolis Citizens' Academy (FBI MCAAA) partners with Elder Justice MN to bring awareness about financial exploitation and elder fraud. The presentation provides residents of active adult 55+ communities with helpful information/tips on how to avoid becoming victims of financial exploitation.

Tuesday, June 16: Birthday Celebration

3 PM EL

3:00pm—HAPPY HOUR IN THE EAST LOBBY: Wine and Appetizers

3:30pm—Entertainment: Nate Hance-Piano

5:00pm—Birthday Meal: Is your birthday in June? Happy Birthday! If you plan on using your three meals this month, enjoy an additional dinner at half-price on June 16th.

Tuesday, June 23: In-Person Speaker—Kristen Anderson

10 AM MH

Twin Cities History Sampler—Part II: THE TOWN OF ST. ANTHONY, BIRTHPLACE OF MINNEAPOLIS. Did you know that the birthplace of Minneapolis was not Minneapolis? The point of origin was across the river from downtown, in the older city called St. Anthony. In this presentation, you can expect to discover the interesting historical development of St. Anthony and St. Anthony Falls. In addition, we'll consider the history of the waterfall and its importance as the economic driver of the communities that became Minneapolis

Tuesday, June 30: In-Person Speaker—Doug Ohman

10 AM MH

America 250 —Part I. Enjoy a historic journey with storyteller/historian, Doug Ohman as he shares stories and photos that help tell the amazing tale of America's birth and positive growth. Doug will focus on the men and women who were the visionaries for our great nation and state for 250 years. He will also highlight events that are uniquely American.



JUNE MOVIES

FRIDAYS 7PM MARION HALL



June 5: *Rental Family*. A Comedy/Drama. An American actor in Tokyo struggling to find purpose lands an unusual gig: working for a Japanese "rental family" agency, playing stand-in roles for strangers. He rediscovers purpose, belonging, and the beauty of human connection.

June 12: *The Biggest Little Farm*. A Drama/Documentary. Documentarian John Chester and his wife, Molly, work to develop a sustainable farm on 200 acres outside of Los Angeles.

June 19: *Kinky Boots*. A Comedy/Musical. A drag queen comes to the rescue of a man who, after inheriting his father's shoe factory, needs to diversify his product if he wants to keep the business afloat.

June 26: *Temple Grandin*. A Historical Drama. A biopic of Temple Grandin, an autistic woman who has become one of the top scientists in the humane livestock handling industry.

JUNE BIRTHDAY CELEBRATION

Tuesday, June 16th EAST LOBBY

3PM FOOD AND BEVERAGE

3:30PM MUSIC BEGINS



Nate takes familiar tunes and flips them on their head (sometimes literally). He's known for playing the piano upside down, turning audience song requests into genre-bending mashups, and crafting spontaneous medleys that keep every performance fresh and unexpected.

Wednesday, June 3: *Why are so many adult children moving back home?* | Julie Lythcott-Haims | TEDxSonomaCounty. Julie Lythcott-Haims offers a compassionate look at what happens when adult children move back home. ***The hardest lesson I learned as a shark researcher* | Brendan Talwar | TEDx-Torrey Pines.** In his TEDx talk, Dr. Brendan Talwar draws on his experience as a shark researcher and winner of Netflix's All the Sharks to challenge the myth that smallness and insignificance are the same. ***How to create your own opportunities* | Suzanne Chadwick | TEDxBells Beach.** What makes someone 'magnetic'? We recognise it instantly when we feel it - a unique combination of attributes that sparks our attention and draws us in. But how do we activate our own magnetic magic? Suz Chadwick is a BOLD Business & Branding Coach & speaker supporting business owners, thought leaders & entrepreneurs to go from unknown & overwhelmed to courageous & confident powerhouses, ready to stand out and be noticed in a BIG way!

Wednesday, June 10: *3 ways to set boundaries (without saying "no")* | Raluca Hancu | TEDxHeilbronn. Raluca Hancu shows how boundaries don't have to block connection, they can strengthen it. ***4 Relationship Traps That Lead to Burnout* | Eric Quintane | TED.** Drawing on large-scale research across industries, organizational behavior researcher Eric Quintane reveals four hidden relational traps woven into the fabric of work — and explores how connection shapes resilience, vulnerability and burnout. ***3 Things I Wish I Knew When I Was Broke* | Vivian Tu | TED.** Wall Street trader-turned-financial educator Vivian Tu @YourRichBFF helps millions of people make sense of money, breaking down complex concepts into everyday terms you can understand

Wednesday, June 17: *The secret to getting better sleep tonight* | James Leinhardt | TEDxManchester. There's a seemingly endless series of articles all telling us to get more sleep and yet very few that give any direction on how to improve the quality of our sleep. ***How to face medical diagnoses with hope* | Mark Pochapin, MD | TEDxNYU Langone Health.** , Dr. Mark Pochapin reveals how hope is more than wishful thinking—it's the most vital prescription for healing. ***How to Find Your Purpose (W/ Yara Shahidi)* | How to Be a Better Human | TED.** Optimism is not what exists in a vacuum on your best day, but how you're pulling through for yourself on your worst days

Wednesday, June 24: *I lived in a Mars simulation—here's what I learned* | Mackenzie Calle | TEDxTallinn In this talk, we are taken inside one of the world's largest Mars simulation missions, where isolation, limited resources, and extreme conditions reveal not only technical challenges, but deeply human ones. ***What Nobody Tells You About Your Twenties* | Livi Redden | TEDxBayonne** The fact of the matter is many of the biggest decisions that leave a long-lasting impact on our lives generally occur in our teens and twenties – college, career, marriage, moving out, handling finances, having children, and so on. Despite all the decision-making, this time of our lives doesn't have to be so confusing and anxiety-driven. ***3 questions to help you age stronger, healthier, and happier* | Dr. Brenda Lau | TEDxSurre.** In this talk, Dr. Brenda Lau, a pain specialist with over 25 years of experience, challenges the idea that weakness is an inevitable part of aging. After being diagnosed with osteopenia despite decades of exercise, she realized that health care overlooks the body's core system: strength

JUNE EXCURSIONS

Thursday, June 4: Minnesota Orchestra Coffee Concert

Depart: 9:30 AM

Ticket Cost: On Your Own

Sondergard, Barton and Prokofiev. The program includes— Barber: *Adagio for Strings*, Lieberson: *Neruda Songs*, Prokofiev: *Symphony No. 7*. Accompanying the talented Minnesota Orchestra and Conductor Thomas Sondergard is the critically acclaimed Mezzo, Jamie Barton. (2 hours, including intermission)

Thursday, June 11: Eloise Butler Wildflower Garden & Good Day Café

Depart: 4:35 PM

Cost: On Your Own

Flower Hour Walk at Eloise Butler Wildflower Garden: Join a Naturalist for an hour-long evening walk through the garden to see the seasonal wildflowers. The flowering plants are the highlight here in this tour. Come learn and unwind in nature in the beautiful garden. After the evening walk, have dinner at Good Day Café. This restaurant is known for their large portions and made-from-scratch comfort food.

(5-6pm Walk *Meet at the Visitor Shelter to start walk with Naturalist) (6:30pm Reservations)

Saturday, June 13: Ladies Luncheon at Stock & Bond

Depart: 11:30 AM

Lunch Cost: On Your Own

Stock & Bond is a modern steakhouse located in the historic, 1941 Art Deco Farmers & Mechanics Savings Bank Building in downtown Minneapolis. Known for their premium Steak Sandwiches, Maine Lobster Roll, Hearty Salads, and Fried Chicken Sandwich. (12pm Reservations)

Thursday, June 18: Como Park Zoo & Conservatory

Depart: 10 AM

Cost: Free Admittance

Lunch Cost: On Your Own

Spend this summer day exploring the Como Park Zoo & Conservatory. The Como Zoo features diverse wildlife, including western lowland gorillas, polar bears, sea lions, and giraffes. There are several daily educational programs to attend and have lunch at the **Zobota Café**. Take a stroll around the multiple gardens such as the Sunken Garden or Ordway Gardens.

(Depart Zoo 1:45 pm)

Saturday, June 20: *My Antonia* at Theatre Latte Da

Depart: 1 PM

Cost: \$31.20 (Checks Made Out to RidgePointe) (*15 Tickets Only)

My Antonia is a Latté Da-commissioned world premiere. Willa Cather's beloved novel is envisioned as an intimate celebration of resilience and the enduring strength of women. This poignant adaptation traces the immigrant experience on the Great Plains at the turn of the 20th century. (Performance 2pm)

Thursday, June 25: Let's Go Fishing on Lake Riley and Dairy Queen.

Depart: 5 PM

Cost: On Your Own (*10 People)

Spend the evening fishing or relaxing on a pontoon while enjoying this summer evening on beautiful Lake Riley in Eden Prairie. Volunteer captains will guide you and all equipment is included: rods, reels and bait. Anglers can expect to find a variety of fish. The pontoon is not equipped with restrooms and use of porta potties are recommended before boat launch. A Fishing License is not required. You may want to bring water. On the way home enjoy a treat at **Dairy Queen Grill and Chill** in Eden Prairie.

(The boat ride is approximately 2 Hours) (Arrival time 5:30pm) (Boat Launch: 6pm)

Commit now... move in 90 days!

Ready for a Social Upgrade? RidgePointe is known for all our social offerings, fun excursion options, parties & so much going on, you can be as busy as you like! Art Studio, Wood Shop, Lectures, Movies, Book Clubs, Card Games, and many more opportunities. 2026 may be the right time for you to join us. It's a great lifestyle that you really won't want to miss out on.

RidgePointe allows up to 90 days before rent begins, unless you want to move in sooner. This special applies to all available units and requires a deposit and completed Rental Application. Why not begin looking now for your next home now! Selling your home or need to give a 60 day vacate notice? This Special is perfect for you! Visit the website or call for details or to schedule a tour.

As always, our unbeatable RidgePointe Amenities Package is included in your rent! Included in your rent, you will enjoy scheduled Weekly Housekeeping, 24 hour Concierge, Daily Continental Breakfast, and more! Join the fun & start living the lifestyle you deserve!

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